ABC CAREER DEVELOPMENT
COMMITTEES, TASK GROUPS & INSTRUCTORS

EDUCATION COMMITTEE
Angie Borden - Cobb Hill Construction
Bob Carrigg - Carrigg Commercial Bldrs
Randy Cheyne - Torphy Construction
Ron Ciotti - Hinckley, Allen & Snyder LLP
Stacy Clark - Turnstone Corporation
Gordon Cormack - Cormack Constr Mgmt
Carey Demers - Hampshire Fire Protect.
Jay Fitzpatrick - WorkSafe New England
Kelly Gagliuso - Gagliuso & Gagliuso PA
Mary Laturnau - NH Dept. of Education

Ken Merrow - Trumbull-Nelson Constr.
John Pietroniro - Project Resource Grp.
Gary Sobolewski - Interstate Electrical
Patricia Stagno - Powerskills for Life
Mark Stock - Multi-Weld Services
Kevin Temple - North Branch Construction
Debra Titus - Human Capital Solutions
Wayne Vanasse - ARC Mechanical Contr
David Voymas - David Voymas
Dave Webb - American Steel & Precast
Olaf Zwickau - Air Solutions & Balancing

SUPERINTENDENT INSTRUCTORS
Kelly Gagliuso - Gagliuso & Gagliuso
Bill Hickey - The H. L. Turner Group

If you're interested in sharing your industry experience and guiding the growth of those in or entering a superintendent position please contact Dan Stover, ABC Chapter Office.

CRAFT TRAINING INSTRUCTORS
Our Craft Instructors are all NCCER certified providing the added benefit of a nationally recognized skills development program for those teaching and being taught. The NCCER curriculum covers all the standard construction trades and is a valuable resource for our training programs, apprenticeship training and other in house training initiatives. We are always interested in adding qualified instructors and trades to our offerings and supporting your internal training efforts. We would like to encourage you to consider joining our team as we continue to provide skills advancement throughout the industry.

NCCER MASTER TRAINER
David Voymas - David Voymas

SAFETY INSTRUCTORS
OSHA 10 and 30 Hour Outreach
Jay Fitzpatrick - WorkSafe New England
Keith Ronalter - EnviroVantage

Patricia Stagno - Powerskills for Life
David Voymas - David Voymas

Crane
David Webb - American Steel & Precast

Phil Lussier - Granite Edge Safety Trng.

Lead RRP
Keith Ronalter - EnviroVantage

Special Thanks
Special thanks to Dave Benson for his help with our safety programs.

THANKS TO OUR SPONSORS

MAJOR SPONSORS

Mechanical Systems Inc.

FutureComp

ABC Workers Compensation Self-Insured Group Trust

Event Sponsors
- Cobb Hill Construction, Inc.
- Hampshire Fire Protection Co. Inc.
- Human Capital Solutions, LLC

ABC Merit Choice
NH Business Review - Media Sponsor
Saymore Engraving Company - EIC Banner Sponsor
Welch Signage and digital graphics - EIC Badge Sponsor
Find Good People and Help Them Grow

ABC is your resource for information and programs to support your efforts to retain, recruit and develop a skilled workforce.

The future of your company and the construction industry is dependent on TRAINING, COACHING, LEADERSHIP and MENTORING.

Participate in ABC sponsored programs. Utilize ABC as a resource for information by contacting the Chapter Office with questions and reading our publications.

Find good people, help them grow and your company and the construction industry will have a bright future!

COMPANIES BENEFITING FROM ABC NH/VT CAREER DEVELOPMENT PROGRAMS

A & E Flooring Inc.  Northern Design Precast
ABC flooring Specialists  Oliver Mechanical, Inc.
Abington Group, Inc.  OSHA - Concord Office
Accurate Air, Inc.  Palmer & Secard, Inc.
Air Solutions & Balancing  Penta Corporation
All-Ways Accessible, Inc.  Polygone
Amari Company, Inc.  Premier Concrete Constr.
American Steel & Precast  Pro Con, Inc.
American Steel Fabricators  RediMix Companies, Inc.
ARC Mechanical Contr.  Royal Electric Co., Inc.
Armand E. Lemire Co. Inc.  S. L. Chasse Weld. & Fab.
Assoc. Concrete Coatings  Sam Mechanical Services
Atlantic Comfort Systems  Schroeder Constr. Mgmt.
Belknap Landscape Co.  Seacoast Scaffold & Equip.
Binnacle Rigging  Skillings and Sons, Inc.
Caprioli Painting, Inc.  So. NH Concrete Construct.
Carrigg Commercial Bldrs  SSW Erectors, LLC
Carroll Concrete Co.  St. Pierre, Inc.
Casella Waste Services  Stafford Oil Co., Inc.
CMGC Building Corp.  Stahlman Group, Inc.
Cobb Hill Construction, Inc.  Stanley Elevator Company
Cohen Steel Supply, Inc.  Stephens-Marquis Assoc.
Community College System of New Hampshire  Strafford Cty Comm. Action
Concentra Medical Centers  Sullivan Construction, Inc.
Construx, Inc.  Superior Fire Protection
Control Technologies  TFMoran, Inc.
Control Technologies - VT  The Jordan Institute
Cormack Constr. Mgmt.  The rowley Agency, Inc.
Country Restorations  Tocco Building Systems
Deventry Siding Specialists  Torphy Construction & Dev.
DEW Construction Corp.  Trumbull-Nelson Construct.
Deyo Construction LLC  Turnstone Corporation
Doxsee Roofing Inc.  TZS Contracting Services
E. D. Swett, Inc.  USI - New England
Ekhardt & Johnson, Inc.  V. R. Concrete, Inc.
EnviroVantage  Viking Roofing
Everett J. Prescott, Inc.  Walden Engineer. & Constr.
F. H. Hamblet, Inc.  Wallboard Supply, Inc.
Fimbel Paunet Corp.  Western Electric
Fine Line Interiors  WorkSafe New England
Fringe Benefit Group  Wofford, Wofford & Wofford
Fuller Associates, Inc.  Youngs, Youngs & Youngs
Gate City Electric, LLC  Zeppera Construction
BUSINESS MANAGEMENT / CEO PROGRAMS

There is no shortage of issues facing Mid- and Upper-Management. The Chapter’s Education Committee considers a variety of sources, including surveys, to determine topics for our business management programs. Typically 2-3 hours, early AM, the Program targets issues and provides information you can use immediately.

Sample Topics:

- NH Workers’ Comp Regulations
- Public Procurement Process
- Contracts
- Labor Dept - Regulations, Compliance & Inspection
- Legal Aspects of Project Delivery & Change Orders
- Prevailing Wage
- Dynamics of Modern Marketing
- Office Operation Efficiency
- Hiring & Retaining Employees
- Managing Employee Relations
- Insurance & Bankruptcy

FUTURE LEADERS IN CONSTRUCTION

October - May

This program has been designed to address the challenges new construction professionals face when they step up a level in their careers. Some of the challenges they face include taking on more of the human management functions, understanding the financial piece of the business and learning how to get the most from their people thru effective leadership. During this 8 month program all of these topics will be addressed. This program is for those who are the future of the organization. Prepare them to lead by supporting them to attend this highly interactive program that can help them become better, more effective leaders.

SUPERINTENDENT COURSES

Includes ABC’s Certificate of Achievement in Construction Supervision

Semesters: January-March ■ April-June ■ October-December

Our Superintendent Programs were developed by construction industry professionals to prepare and provide existing or emerging supervisory level people with the knowledge required to perform their duties.

Individuals taking all 5 “required” courses and 3 “electives” receive a Certificate of Achievement in Construction Supervision.

Courses include:

- Planning and Scheduling
- Construction Documents
- Leadership and Communications
- Basic Structural Principals
- Building Green
- Introduction to Estimating
- Cost Controls
- Contractor Relations
- Basic Construction Law

2011 Safety Award Winners - Cont’d.

SIC Code 17 - 50,000 - 100,000 Man-Hours

1st Place: Bremco, Inc.
2nd Place: Piquette & Howard Electrical Service Inc.
3rd Place: American Steel Fabricators, Inc.
Most Improved: American Steel Fabricators, Inc.
Zero Lost Time Cases: Bremco, Inc.
Zero Lost Time Cases: Piquette & Howard Electrical Service Inc.

SIC Code 17 - Under 50,000 Man-Hours

1st Place: MSI Mechanical Systems Inc.
2nd Place: Exterior Designs, Inc.
3rd Place: MMS Northeast Inc.
Most Improved: MSI Mechanical Systems Inc.
Most Creative: MMS Northeast Inc.
Zero Lost Time Cases: Exterior Designs, Inc.
Zero Lost Time Cases: MMS Northeast Inc.
Zero Lost Time Cases: MSI Mechanical Systems Inc.

Suppliers

1st Place: Novel Iron Works, Inc.
2nd Place: Northern Design Precast, Inc.

NATIONAL ABC STEP AWARD WINNERS

Platinum Level
Leighton A. White, Inc.

Gold Level
Bremco, Inc.
DECCO, Inc.
Hampshire Fire Protection, Inc.
Interstate Electrical Services Corp.
MSI Mechanical Services, Inc.

Silver Level
Andrew’s Construction Co, Inc.
Bonnette, Page & Stone
Cormack Construction Management
J. Lawrence Hall Co., Inc.
## 2011 Construction Safety Award Winners

### SIC Code 15 - Over 50,000 Man-Hours

<table>
<thead>
<tr>
<th>Place</th>
<th>Company</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Place</td>
<td>North Branch Construction Inc.</td>
</tr>
<tr>
<td>2nd Place</td>
<td>Bruss Construction, Inc.</td>
</tr>
<tr>
<td>3rd Place</td>
<td>Lewis Builders Development, Inc.</td>
</tr>
<tr>
<td>Most Improved</td>
<td>Bonnette Page &amp; Stone Corp.</td>
</tr>
<tr>
<td>Zero Lost Time Cases</td>
<td>Bruss Construction, Inc.</td>
</tr>
<tr>
<td>Zero Lost Time Cases</td>
<td>North Branch Construction Inc.</td>
</tr>
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</table>

### SIC Code 15 - Under 50,000 Man-Hours

<table>
<thead>
<tr>
<th>Place</th>
<th>Company</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Place</td>
<td>Cobb Hill Construction</td>
</tr>
<tr>
<td>2nd Place</td>
<td>Sullivan Construction, Inc.</td>
</tr>
<tr>
<td>3rd Place</td>
<td>Meridian Construction Corp.</td>
</tr>
<tr>
<td>Most Improved</td>
<td>Carrigg Commercial Builders</td>
</tr>
<tr>
<td>Zero Lost Time Cases</td>
<td>Carrigg Commercial Builders</td>
</tr>
<tr>
<td>Zero Lost Time Cases</td>
<td>Cobb Hill Construction</td>
</tr>
<tr>
<td>Zero Lost Time Cases</td>
<td>Sullivan Construction, Inc.</td>
</tr>
</tbody>
</table>

### SIC Code 16 - Over 100,000 Man-Hours

<table>
<thead>
<tr>
<th>Place</th>
<th>Company</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Place</td>
<td>Methuen Construction</td>
</tr>
<tr>
<td>Zero Lost Time Cases</td>
<td>Methuen Construction</td>
</tr>
</tbody>
</table>

### SIC Code 16 - Under 100,000 Man-Hours

<table>
<thead>
<tr>
<th>Place</th>
<th>Company</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Place</td>
<td>Leighton A. White, Inc.</td>
</tr>
<tr>
<td>Most Improved</td>
<td>Leighton A. White, Inc.</td>
</tr>
</tbody>
</table>

### SIC Code 17 - Over 200,000 Man-Hours

<table>
<thead>
<tr>
<th>Place</th>
<th>Company</th>
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</thead>
<tbody>
<tr>
<td>1st Place</td>
<td>DECCO, Inc.</td>
</tr>
<tr>
<td>2nd Place</td>
<td>Interstate Electrical Services Corp.</td>
</tr>
<tr>
<td>3rd Place</td>
<td>Hampshire Fire Protection Co., Inc.</td>
</tr>
<tr>
<td>Most Improved</td>
<td>Interstate Electrical Services Corp.</td>
</tr>
<tr>
<td>Zero Lost Time Cases</td>
<td>DECCO, Inc.</td>
</tr>
</tbody>
</table>

### SIC Code 17 - 100,000 - 200,000 Man-Hours

<table>
<thead>
<tr>
<th>Place</th>
<th>Company</th>
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</thead>
<tbody>
<tr>
<td>1st Place</td>
<td>Denron Plumbing &amp; HVAC, LLC</td>
</tr>
<tr>
<td>2nd Place</td>
<td>Skillings and Sons, Inc.</td>
</tr>
<tr>
<td>3rd Place</td>
<td>J. Lawrence Hall Co. Inc.</td>
</tr>
<tr>
<td>Most Improved</td>
<td>Skillings and Sons, Inc.</td>
</tr>
<tr>
<td>Zero Lost Time Cases</td>
<td>Denron Plumbing &amp; HVAC, LLC</td>
</tr>
<tr>
<td>Zero Lost Time Cases</td>
<td>Skillings and Sons, Inc.</td>
</tr>
</tbody>
</table>

## ABC Craft Training Process

ABC NH/VT believes in the need to create skilled craftspeople for all construction trades. We actively support this beginning with providing an awareness of construction as a career to school children (career fairs, Construction Career days, etc.) up to high level craft skills training for trade professionals. As an accredited sponsor of the NCCER Craft Training Process we provide training and support for trainers, our own students and your in-house training programs. NCCER curriculum is approved for apprenticeship training and covers over 20 trades. Its materials are available in module form which provides the flexibility to focus on the specific skills development that is needed.

## ABC NH/VT Safety Courses

ABC offers OSHA 10-Hour and 30-Hour Courses and other timely programs on topics concerning OSHA standard changes, emphasis programs and other issues.

**Topics include:**
- Safety Compliance & Regulations
- Accident Investigations,
- Safety Planning & Analysis
- Communications, HR & Effective Safety Training
- Safety Program Documentation
- Scaffolding
- Occupational Health
- CPR / First Aid
- Crane - Final Rule Compliance
- Fall Protection - Commercial
- Fall Protection - Residential
- Personal Protection Equipment (PPE)
- Trenching / Excavation / Confined Spaces
- Electrical / Tool Safety
- Steel Erection, Material Handling & Site Control
- Site Inspection
- Arc Flash

## ABC NH/VT Chapter Safety Awards Program

April Deadline

To recognize companies with outstanding safety performance, ABC sponsors an annual safety awards program. Applications and criteria are sent to all members and award recipients are presented their awards at an annual Awards ceremony. The awards provide the winners with tangible evidence of their good safety performance and is valuable documentation to help boost employee morale and use as a prequalification tool with owners.

## National ABC STEP Program

(Safety Training and Education Process)

An extensive evaluation process developed by contractors, for contractors. The STEP Program provides participants with an organized approach to analyze and develop your loss prevention program, provides a valuable method to measure safety program improvements and provides national recognition that can be used as an important business development tool with clients.
FUTURE LEADERS IN CONSTRUCTION
2010-2011 PARTICIPANTS

John Ramsy - Binnacle Rigging
Jason Hamblet - EnviroVantage
Sean McNamara - MSI Mechanical
Ryan Hussey - Stanley Elevator Co.
Bill Frisella - Sullivan Construction
Scott Southwick - Sullivan Construction
Chuck Lennick - Tocco Bldg. Systems
Joe Camilo - Tocco Building Systems
John Tucci - Tocco Building Systems
Scott Willard - Tocco Building Systems

A SPECIAL THANKS TO OUR OPENING PANEL AND GUEST LEADERS WHO PROVIDED MUCH WISDOM AND INSIGHT TO OUR CLASS.

Opening Panel
Stacey Clark - Turnstone Corporation
Kevin Temple - No. Branch Constr.
Krista Sherburne - EnviroVantage

Guest Leaders
Tom Avallone - Cobb Hill Construction
Susan Bartley - TFMoran
Jeff Kevan - TFMoran
Rick Gagliuso - Gagliuso & Gagliuso
Chris Fletcher - Secondwind Water
Scott Knightly - EnviroVantage
Tim Long - Meridian Construction

ACCREDITED QUALITY CONTRACTOR PROGRAM
The AQC Program recognizes and honors construction firms that document their commitment to excellence in five key areas of corporate responsibility: quality, safety, employee benefits, training and community relations. A company that meets the criteria set forth in the program, and has earned a Safety Training Evaluation Process (STEP) Gold, Platinum or Diamond status, is formally designated an “Accredited Quality Contractor”. AQC members that earn this prestigious accreditation receive benefits such as national and local recognition and promotion at industry trade shows, including the American Institute of Architects, Design-Build Institute of America and Construction Users Roundtable. Accredited contractors are allowed to use the AQC designation as a marketing tool on bid documents, letterhead, business cards, brochures and job site signs.

DECCO, Inc.
Interstate Electrical Services Corp.

Methuen Construction
MSI Mechanical Systems, Inc.

GREEN CONTRACTOR CERTIFICATION
The ABC Green Contractor Certification Program is designed to document the merit shop construction community’s efforts to develop a sustainable workplace environment - both on and off the jobsite - as well as recognize ABC member firms that are green industry leaders.

MSI Mechanical Systems, Inc.