ASSOCIATED BUILDERS & CONTRACTORS
Annual Career Development Awards, Recognition & Appreciation

SOLUTIONS

Thursday, May 20, 2010
The Event Center
C. R. Sparks, Bedford NH

ABC Workers Compensation Self-Insured Group Trust

Cobb Hill Construction, Inc.
**ABC Career Development**

**Committees, Task Groups & Instructors**

**Education Committee**
- John Chase - Longchamps Electric, Inc.
- Randy Cheyne - Torphy Construc & Dev.
- Stacy Clark - Turnstone Corporation
- Ken Dechesne - Granite State P & H
- Carey Demers - Hampshire Fire Protect.
- Kelly Gagliuso - Gagliuso & Gagliuso
- Mark Stock - Multi-Weld Services, Inc.
- Kevin Temple - North Branch Construction
- David Webb - American Steel & Precast

**Superintendent Instructors**
- Kelly Gagliuso - Gagliuso & Gagliuso
- Bill Hickey - The H. L. Turner Group
- John Pietroniro - Stabile Constr. Services
- David Voymas - Consultant

**Craft Training Instructors**
- David Benson - Benson Consulting
- Claude Dupuis - Cobb Hill Construction
- Jerry Kingwill - Cobb Hill Construction
- Pete Johnson - Cobb Hill Construction
- Gilles Ouimette - Granite State P & H
- Gerard Perron - Granite State P & H
- Michael Molloy - Granite State P & H
- Donald Goodrow - Granite State P & H
- Robert Grogore - Granite State P & H
- Todd Keyser - Penta Corporation
- William Ouellette - Penta Corporation
- Scott Shuman - Penta Corporation
- Daniel Young - Penta Corporation
- Rich Lambert - Pro Con, Inc.
- David Raiche - Pro Con, Inc.
- Walter Ryan - Pro Con, Inc.

**OSHA 10-HR., 20-HR. & 30-HR. Instructors**
- Jay Fitzpatrick - Worksafe NE
- David Voymas - D. Voymas Consultant
- David Berard - Berard Consultant

**Lead RRP Trainer**
- Keith Ronalter - EnviroVantage

**NCCER Master Trainers**
- David Voymas - D. Voymas Consultant

**Seminar Facilitators**
- Deb Titus - Dale Carnegie - NH
- Tim Drew - NH Dept of Environmetal Serv.
- Kelly Gagliuso Esq. - Gagliuso & Gagliuso, PA
- Rick Gagliuso Esq. - Gagliuso & Gagliuso, PA
- William Haverty - University System of NH
- Ellery Hawthorn - NH Dept of Labor
- Paul M. Lane, Esq. - Domestico, Lane & McNamara LLP
- Betty Stagno - NFPA 70E
- Mike Lonner - NH Dept of Admin. Services
- Ed Murdough - NH Dept of Education
- Mark Nogueir - NH Bur of Public Works
- Gregg Schoppmann - FMI
- Carol Kuhns - Associated Builders & Contractors, Inc. NH/VT
- Clean Edison - LEED

**Thanks to Our Sponsors**

**Major Sponsors**
- Cobb Hill Construction, Inc.

**ABC Workers Compensation**

Self-Insured Group Trust

**Event Sponsors**
- Dale Carnegie - NH
- Hampshire Fire Protection Co. Inc.
- Meridian Construction Corporation
- Turnstone Corporation

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NH Business Review - Media Sponsor
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FIND GOOD PEOPLE AND HELP THEM GROW

ABC is your resource for information and programs to support your efforts to retain, recruit and develop a skilled workforce.

The future of your company and the construction industry is dependent on TRAINING, COACHING, LEADERSHIP and MENTORING.

Participate in ABC sponsored programs. Utilize ABC as a resource for information by contacting the Chapter Office with questions and reading our publications.

Find good people, help them grow and your company and the construction industry will have a bright future!

COMPANIES INVOLVED IN ABC NH/VT CAREER DEVELOPMENT PROGRAMS

3W Design, Inc.
Accurate Air, Inc.
Air Solutions & Balancing
All State Fire Equipment
Alvin J. Coleman & Son Inc.
American Steel Erectors
American Steel Fabricators
ARC Mechanical Contr.
Architectural Link
Artisan Electrical Contr. AssociatedConcreteCoatings
Aspen Insurance Agency
Bktop Inc.
Blue Dot Glass, LLC
Bonnelette, Page & Stone
Bow Plumbing & Heating
Bremco, Inc.
Brown & Brown of NH
Bruce Ronayne Hamilton Architects Inc.
Bruss Construction, Inc.
Carrig Commercial Bldrs.
Carroll Concrete Co. Inc.
Casella Waste Services
CCI, Conneston Construction
Charter Brothers
CLP Resources
CM*GC Building Corp.
Cobb Hill Construction, Inc.
Cole Electric, Inc.
Construx, Inc.
Cormack Construction Management
CP Management
Cullen Concrete Form Co.
Cut & Core
Dale Carnegie - NH
Damon Insulation Co., Inc.
Davis & Towe Insur. Grp.
DBU Construction, Inc.
DeBlois Electric, Inc.
DeStefano & Associates
Denron Plumbing & HVAC
Deventry Construction
Devine, Millimet & Branch
Door Control, Inc.
Dowling Corporation
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East Coast Lumber
Eckhardt & Johnson
Engelberth Construction
Engraving, Awards & Gifts
EnviroSense, Inc.
EnviroVantage
Estes & Gallup, Inc.
Ewing Electric Co.
Gagliuso & Gagliuso, PA
Gate City Electric, LLC
Gemstone Caulking Co., Inc.
GeoInsight, Inc.
Granite State Accoustics Inc.
Granite State P&H, LLC
Hampshire Fire Protection
Hinckley, Allen & Snyder LLP
Hutter Construction Co.
Infantine Insurance Inc.
Interstate Electrical Services
Irish Electric Corp.
JBR Associates
J. Lawrence Hall Co., Inc.
K. L. Jack
Kal-Vin C.M., LLC
Kaloutas Painting
Keeley Painting Co., Inc.
LDT, Ltd. Electrical Contr.
Lakeside Insurance Agency
Leighton A. White, Inc.
Lewis Builders Development, Inc.
Longchamps Electric, Inc.
Mark Carrier Construction
Meridian Construction Corp.
Merrimack Drywall, Inc.
Metheun Construction Co.
Metro Walls, Inc.
Mill Steel Corporation
Morin Contracting Services
MSI Mechanical Systems
Multi-Weld Services, Inc.
North Branch Construction
Northpoint Constr Mgmt.
Novel Iron Works, Inc.
Oliver Mechanical, Inc.
Powers Generator Service
Pro Con, Inc.
Progressive Electrical Serv.
Pro Quip, Inc. - Rentals & Sales
Rexel / CLS Electrical Distrib
Richard Electric, Inc.
Riess Construction, LLC
ROK Builders, LLC
S. L. Chasse W&F, Inc.
Shaheen & Gorden PA
Simpson's Painting, Inc.
SkillingS and Sons, Inc.
Solid Earth Technologies
Stahlman Group, Inc.
Stoneman, Chandler & Miller
Streamline Waterproofing
Sullivan Construction
TD Insurance
The H. L. Turner Group
The Melanson Company
The Rowley Agency, Inc.
TriState Benefits
Trumbull-Nelson Construction Co., Inc.
Turnstone Construction
TZS Contracting Services
USI New England
Visions Window Tinting
Waterline Industries Corp.
Welch Signage & digital graphics
Willis HRH
Viking Roofing

WE WOULD LIKE TO THANK ALL OF THE COMPANIES INVOLVED IN ABC NH/VT CAREER DEVELOPMENT PROGRAMS AND FOR CHOOSING ABC NH/VT AS YOUR TRAINING PARTNER!
BUSINESS MANAGEMENT / CEO PROGRAMS

Winter Months

There is no shortage of issues facing Mid- and Upper-Management. The Chapter’s Education Committee considers a variety of sources, including surveys, to determine topics for our business management programs. Typically once a month, 2-3 hours, early AM, the Program targets issues and provides information you can use immediately.

Sample Topics:

- NH Workers’ Comp Regulations
- Public Procurement Process
- LEED Test Prep
- Labor Dept - Regulations, Compliance & Inspection
- Legal Aspects of Project Delivery & Change Orders
- Project Documentation
- Dynamics of Modern Marketing
- Creating and Managing Accountability
- Hiring & Retaining Employees
- Managing Employee Relations
- Building Information Systems (BIM)

FUTURE LEADERS IN CONSTRUCTION

October - May

This program has been designed to address the challenges new construction professionals face when they step up a level in their careers. Some of the challenges they face include taking on more of the human management functions, understanding the financial piece of the business and learning how to get the most from their people thru effective leadership. During this 8 month program all of these topics will be addressed. The new professional is the future of the organization. Prepare them to lead by supporting them to attend this highly interactive program that can help them become the leaders of the future.

SUPERINTENDENT COURSES

Includes ABC’s Certificate of Achievement In Construction Supervision

Semesters: January-March ■ April-June ■ October-December

Our Superintendent Programs were developed by construction industry professionals to prepare and provide existing or emerging supervisory level people with the knowledge required to perform their duties.

Individuals taking all 5 “required” courses and 3 “electives” receive a Certificate of Achievement in Construction Supervision.

Courses include:

- Planning and Scheduling
- Construction Documents
- Leadership and Communications
- Basic Structural Principals
- Building Green
- Introduction to Estimating
- Cost Controls
- Contractor Relations
- Basic Construction Law

2010 Safety Award Winners - Cont’d.

SIC Code 17 - 50,000 - 100,000 Man-Hours
1st Place
Bremco, Inc.

2nd Place
American Steel & Precast Erectors

3rd Place
Rose Steel, Inc.

Most Improved
American Steel & Precast Erectors

SIC Code 17 - Under 50,000 Man-Hours
1st Place
Construx, Inc.

2nd Place
LDT, Ltd, - Electrical Contractor

3rd Place
Exterior Designs, Inc.

Most Improved
Construx, Inc.

Most Creative
Construx, Inc.

Zero Lost Time Cases
Construx, Inc.

Zero Lost Time Cases
LDT, Ltd, - Electrical Contractor

Zero Lost Time Cases
Exterior Designs, Inc.

Zero Lost Time Cases
Multi-Weld Services, Inc.

Suppliers

1st Place
Mill Steel Corp.

2nd Place
Northern Design Precast, Inc.

3rd Place
Novel Iron Works, Inc.

Most Improved
Mill Steel Corp.

Zero Lost Time Cases
Mill Steel Corp.

Zero Lost Time Cases
Northern Design Precast, Inc.

NATIONAL ABC STEP AWARD WINNERS

Gold Level
Andrews Construction Co., Inc.
Bremco, Inc.
Everett J. Prescott, Inc.
Hampshire Fire Protection, Inc.
Interstate Electrical Services Corp.
LaMontagne Builders Inc.
MSI Mechanical Services, Inc.

Silver Level
Bonnette, Page & Stone
Bruss Construction, Inc.
Leighton A. White, Inc.
**ABC CRAFT TRAINING PROCESS**

ABC NH/VT is an accredited sponsor of the NCCER craft training process. We are working to implement a nationally recognized and standardized craft training process for members existing employees, new hires and students in secondary and post-secondary vocational programs.

The goal is an industry supported, standardized accredited craft training process that offers a clearly defined career path that will attract and retain a high caliber of workers.

Craft Training Programs are available for over 20 trades and are available in a module format for specific skills training.

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**ABC NH/VT SAFETY COURSES**

ABC offers OSHA 10-Hour and 30-Hour Courses and other timely programs on topics concerning OSHA standard changes, emphasis programs and other issues.

**Topics include:**

- Safety Compliance & Regulations
- Accident Investigations,
- Safety Planning & Analysis
- Communications, HR &
- Effective Safety Training
- Fire Protection & Welding Safety
- Concrete & Masonry
- Scaffolding
- Occupational Health
- CPR / First Aid
- Fall Protection - Commercial
- Fall Protection - Residential
- Personal Protection
- Trenching / Excavation /
- Confined Spaces
- Electrical / Tool Safety
- Steel Erection, Material Handling
  & Site Control
- Site Inspection
- Electrical Hazards - NFPA 70E

If interested in “In-House” OSHA 10-Hour Courses/30 Hour Courses or other Safety Training, please contact the ABC Chapter Office.
ABC NH/VT Chapter Safety Awards Program

April Deadline

To recognize companies with outstanding safety performance, ABC sponsors an annual safety awards program. Applications and criteria are sent to all members and award recipients are presented their awards at an annual Awards ceremony. The awards provide the winners with tangible evidence of their good safety performance and is valuable documentation to help boost employee morale and use as a prequalification tool with owners.

National ABC STEP Program
(Safety Training and Education Process)

An extensive evaluation process developed by contractors, for contractors. The STEP Program provides participants with an organized approach to analyze and develop your loss prevention program, provides a valuable method to measure safety program improvements and provides national recognition that can be used as an important business development tool with clients.

Recipients of Certification in Construction Supervision during ‘09-10:

Tim Breau - DeStefano & Associates, Inc.

Future Leaders in Construction

2009-2010 Participants

Corey Ellis - American Steel Fabricators
Jeff Guimont - Assoc Concrete Coatings
Danielle Tuttle - Assoc Concrete Coatings
David Hockenbury - Bremco
Peter Swislosky - Bruss Construction
Ron Ashley - Engelberth Construction
Krista Sherburne - EnviroVantage
Johnathan Brown - Estes & Gallup
Darragh Madden - Irish Electric
Brandi Coulter - Skillings and Sons
Stacy Clark - Turnstone Corporation

Carpentry Craft Training - Participants

Jared Raymond - Bruss Construction
Greg Valley - North Branch Construction
Eric Cheyne - Torphy Construction
Robert Graham - Torphy Construction
Matt Darby - Turnstone Corporation
Michael Gabert - Turnstone Corporation
Ryan Gora - Turnstone Corporation