

# **ASSOCIATED BUILDERS & CONTRACTORS Annual Career Development Awards, Recognition & Appreciation**

SOLUTIONS

Thursday, May 20, 2010

The Event Center  
C. R. Sparks, Bedford NH



New Hampshire/  
Vermont Chapter

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**ABC Workers Compensation  
Self-Insured Group Trust**

*FutureComp*®  **Insurance**



New Hampshire/  
Vermont Chapter

# ABC CAREER DEVELOPMENT COMMITTEES, TASK GROUPS & INSTRUCTORS

## EDUCATION COMMITTEE

John Chase - *Longchamps Electric, Inc.*  
Randy Cheyne - *Torphy Construc & Dev.*  
Stacy Clark - *Turnstone Corporation*  
Ken Dechesne - *Granite State P & H*

Carey Demers - *Hampshire Fire Protect.*  
Kelly Gagliuso - *Gagliuso & Gagliuso*  
Mark Stock - *Multi-Weld Services, Inc.*  
Kevin Temple - *North Branch Construction*  
David Webb - *American Steel & Precast*

## SUPERINTENDENT INSTRUCTORS

Kelly Gagliuso - *Gagliuso & Gagliuso*  
Bill Hickey - *The H. L. Turner Group*

John Pietroniro - *Stabile Constr. Services*  
David Voymas - *Consultant*

## CRAFT TRAINING INSTRUCTORS

David Benson - *Benson Consulting*  
Claude Dupuis - *Cobb Hill Construction*  
Jerry Kingwill - *Cobb Hill Construction*  
Pete Johnson - *Cobb Hill Construction*  
Gilles Ouimette - *Granite State P & H*  
Gerard Perron - *Granite State P & H*  
Michael Molloy - *Granite State P & H*  
Donald Goodrow - *Granite State P & H*

Robert Gregoire - *Granite State P & H*  
Todd Keyser - *Penta Corporation*  
William Ouellette - *Penta Corporation*  
Scott Shuman - *Penta Corporation*  
Daniel Young - *Penta Corporation*  
Rich Lambert - *Pro Con, Inc.*  
David Raiche - *Pro Con, Inc.*  
Walter Ryan - *Pro Con, Inc.*

## OSHA 10-HR., 20-HR. & 30-HR. INSTRUCTORS

Jay Fitzpatrick - *Worksafe NE*  
David Voymas - *D. Voymas Consultant*

David Berard - *Berard Consultant*

## LEAD RRP TRAINER

Keith Ronalter - *EnviroVantage*

## NCCER MASTER TRAINERS

David Voymas - *D. Voymas Consultant*

## SEMINAR FACILITATORS

Deb Titus - *Dale Carnegie - NH*  
Tim Drew - *NH Dept of Environmental Serv.*  
Kelly Gagliuso Esq. - *Gagliuso & Gagliuso, PA*  
Rick Gagliuso Esq. - *Gagliuso & Gagliuso, PA*  
William Haverly - *University System of NH*  
Ellery Hawthorn - *NH Dept of Labor*  
Paul M. Lane, Esq. - *Domestico, Lane & McNamara LLP*  
Betty Stagno - *NFPA 70E*

Mike Lonner - *NH Dept of Admin. Services*  
Ed Murdough - *NH Dept of Education*  
Mark Nogueir - *NH Bur of Public Works*  
Gregg Schoppmann - *FMI*  
Carol Kuhns - *Associated Builders & Contractors, Inc. NH/VT*  
Clean Edison - *LEED*

# THANKS TO OUR SPONSORS

## MAJOR SPONSORS



## ABC Workers Compensation Self-Insured Group Trust

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## EVENT SPONSORS

- Dale Carnegie - NH
- Hampshire Fire Protection Co. Inc.
- Meridian Construction Corp<sup>9</sup>ration
- Turnstone Corporation

## ABC Merit Choice

**NH Business Review** - MEDIA SPONSOR

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# FIND GOOD PEOPLE AND HELP THEM GROW

**ABC is your resource for information and programs to support your efforts to retain, recruit and develop a skilled workforce.**

The future of your company and the construction industry is dependent on **TRAINING, COACHING, LEADERSHIP and MENTORING.**

Participate in ABC sponsored programs. Utilize ABC as a resource for information by contacting the Chapter Office with questions and reading our publications.

Find good people, help them grow and your company and the construction industry will have a bright future!

# COMPANIES INVOLVED IN ABC NH/VT CAREER DEVELOPMENT PROGRAMS

3W Design, Inc.  
Accurate Air, Inc.  
Air Solutions & Balancing  
All State Fire Equipment  
All-Ways Accessible, Inc.  
All Seasons Construction  
Alvin J. Coleman & Son Inc.  
Amari Company, Inc.  
American Steel Erectors  
American Steel Fabricators  
ARC Mechanical Contr.  
Architectural Link  
Artisan Electrical Contr.  
AssociatedConcreteCoatings  
Aspen Insurance Agency  
Blaktop Inc.  
Blue Dot Glass, LLC  
Bonnette, Page & Stone  
Bow Plumbing & Heating  
Bremco, Inc.  
Brown & Brown of NH  
Bruce Ronayne Hamilton Architects Inc.  
Bruss Construction, Inc.  
Carrigg Commercial Bldrs.  
Carroll Concrete Co. Inc.  
Casella Waste Services  
CCI, Conneston Construction  
Charter Brothers  
CLP Resources  
CM\*GC Building Corp.  
Cobb Hill Construction, Inc.  
Cole Electric, Inc.  
Construx, Inc.  
Cormack Construction Management  
CP Management  
Cullen Concrete Form Co.  
Cut & Core  
Dale Carnegie - NH  
Damon Insulation Co., Inc.  
Davis & Towle Insur. Grp.  
DBU Construction, Inc.  
DeBlois Electric, Inc.

DeStefano & Associates  
Denron Plumbing & HVAC  
Deventry Construction  
Devine, Millimet & Branch  
Door Control, Inc.  
Dowling Corporation  
E. D. Swett, Inc.  
East Coast Lumber  
Eckhardt & Johnson  
Engelberth Construction  
Engraving, Awards & Gifts  
EnviroSense, Inc.  
EnviroVantage  
Estes & Gallup, Inc.  
Ewing Electric Co.  
Gagliuso & Gagliuso, PA  
Gate City Electric, LLC  
Gemstone Caulking Co., Inc.  
GeoInsight, Inc.  
Granite State Accoustics Inc.  
Granite State P&H, LLC  
Hampshire Fire Protection  
Hinckley, Allen & Snyder LLP  
Hutter Construction Co.  
Infantine Insurance Inc.  
Interstate Electrical Services  
Irish Electric Corp.  
JBR Associates  
J. Lawrence Hall Co., Inc.  
K. L. Jack  
Kal-Vin C.M., LLC  
Kaloutas Painting  
Keeley Painting Co., Inc.  
LDT, Ltd. Electrical Contr.  
Lakeside Insurance Agency  
Leighton A. White, Inc.  
Lewis Builders Development, Inc.  
Longchamps Electric, Inc.  
Mark Carrier Construction  
Meridian Construction Corp.  
Merrimack Drywall, Inc.  
Methuen Construction Co.  
Metro Walls, Inc.

Mill Steel Corporation  
Morin Contracting Services  
MSI Mechanical Systems  
Multi-Weld Services, Inc.  
North Branch Construction  
Northern Design Precast  
Northpoint Constr Mgmt.  
Novel Iron Works, Inc.  
Oliver Mechanical, Inc.  
Powers Generator Service  
Pro Con, Inc.  
Progressive Electrical Serv.  
Pro Quip, Inc. - Rentals & Sales  
Rexel / CLS Electrical Distrib  
Richard Electric, Inc.  
Riess Construction, LLC  
ROK Builders, LLC  
S. L. Chasse W&F, Inc.  
Shaheen & Gorden PA  
Simpson's Painting, Inc.  
Skillings and Sons, Inc.  
Solid Earth Technologies  
Stahlman Group, Inc.  
Stoneman, Chandler & Miller  
Streamline Waterproofing  
Sullivan Construction  
TD Insurance  
The H. L. Turner Group  
The Melanson Company  
The Rowley Agency, Inc.  
Torphy Construction  
TriState Benefits  
Trumbull-Nelson Construction Co., Inc.  
Turnstone Construction  
TZS Contracting Services  
USI New England  
Visions Window Tinting  
Waterline Industries Corp.  
Welch Signage & digital graphics  
Willis HRH  
Viking Roofing

**WE WOULD LIKE TO THANK ALL OF THE COMPANIES INVOLVED IN ABC NH/VT CAREER DEVELOPMENT PROGRAMS AND FOR CHOOSING ABC NH/VT AS YOUR TRAINING PARTNER!**

# BUSINESS MANAGEMENT / CEO PROGRAMS

## Winter Months

There is no shortage of issues facing Mid- and Upper-Management. The Chapter's Education Committee considers a variety of sources, including surveys, to determine topics for our business management programs. Typically once a month, 2-3 hours, early AM, the Program targets issues and provides information you can use immediately.

Sample Topics:

- NH Workers' Comp Regulations
- Public Procurement Process
- LEED Test Prep
- Labor Dept - Regulations, Compliance & Inspection
- Legal Aspects of Project Delivery & Change Orders
- Project Documentation
- Dynamics of Modern Marketing
- Creating and Managing Accountability
- Hiring & Retaining Employees
- Managing Employee Relations
- Building Information Systems (BIM)

# FUTURE LEADERS IN CONSTRUCTION

## October - May

This program has been designed to address the challenges new construction professionals face when they step up a level in their careers. Some of the challenges they face include taking on more of the human management functions, understanding the financial piece of the business and learning how to get the most from their people thru effective leadership. During this 8 month program all of these topics will be addressed. The new professional is the future of the organization. Prepare them to lead by supporting them to attend this highly interactive program that can help them become the leaders of the future.

# SUPERINTENDENT COURSES

*Includes ABC's Certificate of Achievement In Construction Supervision*

**Semesters: January-March ■ April-June ■ October-December**

Our Superintendent Programs were developed by construction industry professionals to prepare and provide existing or emerging supervisory level people with the knowledge required to perform their duties.

Individuals taking all 5 "required" courses and 3 "electives" receive a **Certificate of Achievement in Construction Supervision.**

Courses include:

- Planning and Scheduling
- Construction Documents
- Leadership and Communications
- Basic Structural Principals
- Building Green
- Introduction to Estimating
- Cost Controls
- Contractor Relations
- Basic Construction Law

# 2010 Safety Award Winners - CONT'D.

## SIC Code 17 - 50,000 - 100,000 Man-Hours

- 1st Place ***Bremco, Inc.***
- 2nd Place ***American Steel & Precast Erectors***
- 3rd Place ***Rose Steel, Inc.***
- Most Improved ***American Steel & Precast Erectors***

## SIC Code 17 - Under 50,000 Man-Hours

- 1st Place ***Construx, Inc.***
- 2nd Place ***LDT, Ltd, - Electrical Contractor***
- 3rd Place ***Exterior Designs, Inc.***
- Most Improved ***Construx, Inc.***
- Most Creative ***Construx, Inc.***
- Zero Lost Time Cases ***Construx, Inc.***
- Zero Lost Time Cases ***LDT, Ltd, - Electrical Contractor***
- Zero Lost Time Cases ***Exterior Designs, Inc.***
- Zero Lost Time Cases ***Bow Plumbing & Heating Corp***
- Zero Lost Time Cases ***Multi-Weld Services, Inc.***

## Suppliers

- 1st Place ***Mill Steel Corp.***
- 2nd Place ***Northern Design Precast, Inc.***
- 3rd Place ***Novel Iron Works, Inc.***
- Most Improved ***Mill Steel Corp.***
- Zero Lost Time Cases ***Mill Steel Corp.***
- Zero Lost Time Cases ***Northern Design Precast, Inc.***

# NATIONAL ABC STEP AWARD WINNERS

## Gold Level

- Andrews Construction Co., Inc.
- Bremco, Inc.
- Everett J. Prescott, Inc.
- Hampshire Fire Protection, Inc.
- Interstate Electrical Services Corp.
- LaMontagne Builders Inc.
- MSI Mechanical Services, Inc.

## Silver Level

- Bonnette, Page & Stone
- Bruss Construction, Inc.
- Leighton A. White, Inc.

# 2010 CONSTRUCTION SAFETY AWARD WINNERS

## SIC Code 15 - Over 100,000 Man-Hours

1st Place *Pro Con, Inc.*

## SIC Code 15 - 50,000 - 100,000 Man-Hours

1st Place *Lewis Builders Development, Inc.*  
2nd Place *Bruss Construction, Inc.*  
3rd Place *Cobb Hill Consturction, Inc.*  
Most Improved *Cobb Hill Consturction, Inc.*  
Zero Lost Time Cases *Lewis Builders Development, Inc.*  
Zero Lost Time Cases *Bruss Construction, Inc.*  
Zero Lost Time Cases *Cobb Hill Consturction, Inc.*

## SIC Code 15 - Under 50,000 Man-Hours

1st Place *Sullivan Construction, Inc.*  
2nd Place *Meridian Construction Corp.*  
3rd Place *Turnstone Corporation*  
Zero Lost Time Cases *CMGC Building Corp.*  
Zero Lost Time Cases *Meridian Construction Corp.*  
Zero Lost Time Cases *Sullivan Construction, Inc.*  
Zero Lost Time Cases *Turnstone Corporation*

## SIC Code 16 - Under 100,000 Man-Hours

1st Place *Andrews Construction Company, Inc.*  
2nd Place *St. Pierre, Inc.*  
Zero Lost Time Cases *Leighton A. White, Inc.*  
Most Improved *Andrews Construction Company, Inc.*

## SIC Code 17 - Over 200,000 Man-Hours

1st Place *DECCO, Inc.*  
2nd Place *Hampshire Fire Protection Co., Inc.*  
3rd Place *Granite State Plumbing & Heating*  
Most Improved *Hampshire Fire Protection Co., Inc.*  
Zero Lost Time Cases *DECCO, Inc.*  
Zero Lost Time Cases *Hampshire Fire Protection Co., Inc.*

## SIC Code 17 - 100,000 - 200,000 Man-Hours

1st Place *J. Lawrence Hall Co. Inc.*  
2nd Place *Denron Plumbing & HVAC, LLC*  
3rd Place *S. L. Chasse Welding & Fabricating, Inc.*  
Most Improved *J. Lawrence Hall Co. Inc.*  
Zero Lost Time Cases *J. Lawrence Hall Co. Inc.*

# ABC CRAFT TRAINING PROCESS

ABC NH/VT is an accredited sponsor of the NCCER craft training process. We are working to implement a nationally recognized and standardized craft training process for members existing employees, new hires and students in secondary and post-secondary vocational programs.

The goal is an industry supported, standardized accredited craft training process that offers a clearly defined career path that will attract and retain a high caliber of workers.

Craft Training Programs are available for over 20 trades and are available in a module format for specific skills training.

# ABC NH/VT SAFETY COURSES

ABC offers OSHA 10-Hour and 30-Hour Courses and other timely programs on topics concerning OSHA standard changes, emphasis programs and other issues.

Topics include:

- Safety Compliance & Regulations
- Accident Investigations, Safety Planning & Analysis
- Communications, HR & Effective Safety Training
- Fire Protection & Welding Safety
- Concrete & Masonry
- Scaffolding
- Occupational Health
- CPR / First Aid
- Fall Protection - Commercial
- Fall Protection - Residential
- Personal Protection
- Trenching / Excavation / Confined Spaces
- Electrical / Tool Safety
- Steel Erection, Material Handling & Site Control
- Site Inspection
- Electrical Hazards - NFPA 70E

*If interested in "In-House" OSHA 10-Hour Courses/30 Hour Courses or other Safety Training, please contact the ABC Chapter Office.*

# ABC NH/VT CHAPTER SAFETY AWARDS PROGRAM

## April Deadline

To recognize companies with outstanding safety performance, ABC sponsors an annual safety awards program. Applications and criteria are sent to all members and award recipients are presented their awards at an annual Awards ceremony. The awards provide the winners with tangible evidence of their good safety performance and is valuable documentation to help boost employee morale and use as a prequalification tool with owners.

# NATIONAL ABC STEP PROGRAM

## (SAFETY TRAINING AND EDUCATION PROCESS)

An extensive evaluation process developed by contractors, for contractors. The STEP Program provides participants with an organized approach to analyze and develop your loss prevention program, provides a valuable method to measure safety program improvements and provides national recognition that can be used as an important business development tool with clients.

# RECIPIENTS OF CERTIFICATION IN CONSTRUCTION SUPERVISION DURING '09-10:

Tim Breau - *DeStefano & Associates, Inc.*

# FUTURE LEADERS IN CONSTRUCTION

## 2009-2010 PARTICIPANTS

Corey Ells - *American Steel Fabricators*  
Jeff Guimont - *Assoc Concrete Coatings*  
Danielle Tuttle - *Assoc Concrete Coatings*  
David Hockenbury - *Bremco*  
Peter Swislosky - *Bruss Construction*  
Ron Ashley - *Engelberth Construction*

Krista Sherburne - *EnviroVantage*  
Johnathan Brown - *Estes & Gallup*  
Darragh Madden - *Irish Electric*  
Brandi Coulter - *Skillings and Sons*  
Stacy Clark - *Turnstone Corporation*

# CARPENTRY CRAFT TRAINING - PARTICIPANTS

Jared Raymond - *Bruss Construction*  
Greg Valley - *North Branch Construction*  
Eric Cheyne - *Torphy Construction*  
Robert Graham - *Torphy Construction*

Matt Darby - *Turnstone Corporation*  
Michael Gabert - *Turnstone Corporation*  
Ryan Gora - *Turnstone Corporation*